

Check list of indicators for external Assessment

S. No.	Indicator	Requirement of verification
1.	Promotional activities for infant milk substitutes, infant foods and feeding bottles identified during last one month in the facility	Pictures or other evidence if there is a violation
2.	Infant milk substitutes are used without acceptable medical reasons according to the WHO guidelines https://bit.ly/3ozyCuZ	Interview questions
3.	A written guideline to implement the "Ten Steps for Successful Breastfeeding" is available	Copy of the Policy
4.	Rate of initiation of breastfeeding within one hour in vaginal delivery (<i>Data of 1st to last day of the previous month e.g., if you are in July now, 1st June to 30th June</i>)	Copy of the monthly register, or digital data set. Analysis with number of deliveries
5.	Rate of initiation of breastfeeding within one hour in cesarean section delivery (<i>Data of 1st to last day of the previous month e.g., if you are in July now, 1st June to 30th June</i>)	Copy of the monthly register, or digital data set. Analysis with number of deliveries
6.	Rate of exclusive breastfeeding during the hospital stay (<i>see self-assessment question 9a</i>)	Copy of the monthly register, or digital data set. Analysis with number of deliveries
7.	Use of pre-lacteal feeds	From Interviews and observations
8.	Use of artificial teats, soothers and pacifiers in the facility	From Interviews and observations

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9.	Training of the maternity staff in breastfeeding and IYCF skilled counseling with at least 4 days training course (<i>trained by credible organisations like: BPNI, UNICEF, WHO, NIPCCD, NHM, ICDS, MoWCD, MoHFW etc.</i>) as provided by MAA programme/WHO/UNICEF courses	From Interviews and record of training certificate etc.
10.	Counseling on breastfeeding during the pregnancy is available (<i>from all the mothers interviewed</i>)	Copy of the monthly register, or digital data set. Analysis with number of pregnant women visiting ANC
11.	Mothers are knowledgeable about hunger cues https://bit.ly/3wxEfMY	From Interviews
12.	Assistance provided to the mothers at the time of birth to initiate and establish breastfeeding	From Interviews and assessment for both vaginal and cesarean birth on the day of visit for external assessment.
13.	Rooming in of mothers and babies	From Interviews
14.	Breastfeeding committee to supervise breastfeeding programme is available in the hospital	From Interviews. See the record of constitution of the committee like e.g. an office order or notice.
15.	Designated person/nodal person for coordinating the breastfeeding programme is available in the hospital	From Interviews. See the record of e.g. an office order or notice.
16.	Skilled breastfeeding counselor is available in the hospital	From Interviews. See the record like e.g. an office order or notice.
17.	On-going monitoring and data Management systems on IYCF Indicators are available in the hospital	Observation and interviews
18.	Mechanism is established in the hospital for follow up counseling services after birth (<i>from all the mothers interviewed</i>)	From Interviews. See the record like e.g., an office order or notice.